



# MODERN DENTAL

## IMPLANT SOLUTIONS™

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Treatment Doctor: Dr. Andrew Poulson  
Office Manager: Beth Swift

### Pre-Operative Instructions

- Please eat a good, hearty meal at least 2 hours prior to all full mouth/ Full arch surgeries.
- Make sure to pick up all prescriptions Prior to Appointment. You will follow the directions on the prescription bottles.
- Please start Antibiotics 1 Day Prior to Surgery if prescribed.
- Pain medications: Ibuprofen will be prescribed and should be taken after dental surgery with food.
- Oral Sedation: Halcion will be prescribed to you if you request oral sedation. You will take either 1 pill one hour prior to dental appt and bring the 2<sup>nd</sup> pill to office OR you will take 2 tablets two hours prior to the dental appt for surgery. **SOMEONE MUST DRIVE YOU AND PICK YOU UP FROM THE APPT IF TAKING ORAL SEDATION.**
- **If you are opting for oral sedation all consents MUST be signed at least 1 day prior to surgery and all payments are to be made prior.**
- NO caffeine at least 2 hours prior to surgery
- Stock up on soft foods, you will be eating them for a couple of weeks until you are comfortable with the dentures. We suggest, protein shakes, yogurt, eggs, jell-o, soft foods without seeds. etc.
- If you are taking any blood thinners, please coordinate with your physician on whether you are to stop taking medication prior to dental surgery and make us aware of any changes PRIOR to surgery.
- Temporary Dentures will need Adjustments, will vary per patient.

*\*\*It is our goal to make your surgical experience as comfortable as possible. If you have any questions about any phase of your treatment, please do not hesitate to ask them prior to your surgery date or on the day of your surgery, we are here to Help make this as easy as possible. \*\**