



# MODERN DENTAL

## IMPLANT SOLUTIONS™

13061 West Linebaugh Ave Tampa, FL 33626  
Tel. 813.590.2221 For Emergencies 866.933.1358  
Treatment Doctor: Dr Herman Goh  
Office Manager: Amanda Langford

### Pre-Operative Instructions

- Please eat a good, hearty meal at least 2 hours prior to all full mouth/ Full arch surgeries.
- Make sure to pick up all prescriptions 2 days prior. You will follow the directions on the prescription bottles.
- Medications to start 1 day prior to surgery
  - Medrol dosepak, (Steroid) Amoxicillin or Clindamycin (Antibiotics)
- Pain medications : Tylenol # 3 or Vicodin will be prescribed and should be taken after dental surgery with food.
- Oral Sedation: Halcion will be prescribed to you if you request oral sedation. You will take either 1 pill one hour prior to dental appt and bring the 2<sup>nd</sup> pill to office OR you will take 2 tablets two hours prior to the dental appt for surgery. SOMEONE MUST DRIVE YOU AND PICK YOU UP FROM THE APPT IF TAKING ORAL SEDATION.
- If you are opting for oral sedation all consents MUST be signed at least 1 day prior to surgery and all payments are to be made prior.
- NO caffeine at least 2 hours prior to surgery
- Stock up on soft foods, you will be eating them for a couple of weeks until you are comfortable with the dentures. We suggest, protein shakes, yogurt, eggs, jell-o, etc.
- If you are taking any blood thinners, please coordinate with your physician on whether you are to stop taking medication prior to dental surgery and make us aware of any changes PRIOR to surgery.

*\*\*It is our goal to make your surgical experience as comfortable as possible. If you have any questions about any phase of your treatment, don't hesitate to ask them on the day of your surgery or call the office before your appointment.*